

Iceland Winter Packing Checklist

By Laurence & Jessica Norah of Finding the Universe

Outer Layers

- ☐ Waterproof and windproof shell jacket
- ☐ Warm insulated jacket
- ☐ Waterproof over-trousers

Mid-Layers

- ☐ Fleece or wool jumper (x2 if your shell is thin)
- ☐ Hiking trousers
- ☐ Fleece-lined trousers (if you feel the cold)

Base Layers

- ☐ Thermal tops, merino or synthetic (x2 minimum)
- ☐ Thermal bottoms (x2 minimum)
- ☐ Underwear

Footwear

- ☐ Waterproof boots with ankle support and grip
- ☐ Clip-on ice grips / microspikes
- ☐ Wool socks (x3 or more)
- ☐ Shower shoes or sandals for the pools

Extremities

- ☐ Warm windproof gloves (touchscreen fingertips)
- ☐ Hat that covers your ears and fits snugly
- ☐ Scarf or neck gaiter
- ☐ Hand and toe warmers

Swimming

- ☐ Swimsuit
- ☐ Towel
- ☐ Waterproof pouch for phone and valuables

Electronics

- ☐ Phone and charger
- ☐ Power bank
- ☐ European two pin travel adapter
- ☐ Travel power strip
- ☐ Headphones
- ☐ Head torch (essential November to January)
- ☐ Tablet, e-reader or a book (the evenings are long)
- ☐ Other _____

Photography

- ☐ Camera
- ☐ Tripod
- ☐ Memory cards
- ☐ Spare batteries (x2 or x3)
- ☐ Lens cloth
- ☐ ND filters (for long exposures)

Luggage

- ☐ Main bag
- ☐ Day bag
- ☐ Packing cubes
- ☐ Waterproof rain cover
- ☐ Large freezer bags for electronics

Toiletries

- ☐ Face moisturiser
- ☐ Lip balm
- ☐ Sun protection
- ☐ Toothbrush, deodorant, medications
- ☐ Other _____

Documents and Other

- ☐ Passport
- ☐ Driving licence (if hiring a car)
- ☐ Reusable water bottle
- ☐ Guidebook
- ☐ Travel journal
- ☐ Eye mask and ear plugs
- ☐ Snacks
- ☐ Other _____

Hikers and Winter Activities

- ☐ Day pack
- ☐ First aid kit
- ☐ Waterproof trousers and gloves
- ☐ Goggles (for skiers)

Leave These at Home

These take up space and earn nothing back.

- Umbrella (the wind will destroy it)
- Cotton anything
- Crampons (your glacier tour supplies them)
- Hair dryer
- Bottled water (the tap water is excellent)