

Iceland Summer Packing Checklist

By Laurence & Jessica Norah of Finding the Universe

Outer Layers

- ☐ Waterproof shell jacket (taped seams, hood that cinches down)
- ☐ Waterproof over-trousers
- ☐ Wash-in re-proofer, 100ml (trips over 2 weeks)

Mid Layers

- ☐ Fleece or light insulated jacket
- ☐ Second mid layer (highlands, and May or September trips)

Base Layers

- ☐ Merino base layer tops (x3 to x4; x2 for trips under a week)
- ☐ T-shirts
- ☐ Underwear

Trousers and Town Clothes

- ☐ Hiking trousers (x2)
- ☐ One town or evening outfit
- ☐ Sleepwear

Extremities

- ☐ Warm hat
- ☐ Light gloves
- ☐ Buff or neck gaiter
- ☐ Merino hiking socks (x4 to x5)

Footwear

- ☐ Waterproof hiking boots with ankle support
- ☐ Second pair of shoes, waterproof trainers ideal
- ☐ Flip-flops for pool changing rooms

Swimming

- ☐ Swimsuit
- ☐ Quick-dry towel

Electronics

- ☐ Type C/F travel adapter
- ☐ Power bank
- ☐ Phone and charger
- ☐ eSIM installed before departure
- ☐ Other _____

Photography

- ☐ Camera
- ☐ Lens cloths (more than you think)
- ☐ Dry bag or bin liner for waterfall spray
- ☐ Spare batteries and memory cards

Luggage

- ☐ Day pack with a rain cover
- ☐ Main bag (a duffel or backpack beats a hard shell case)
- ☐ Packing cubes

Wildlife and Midges

- ☐ Midge head net (Myvatn routes)
- ☐ Binoculars (puffin season)

Other

- ☐ Sleep mask (one each)
- ☐ Reusable water bottle
- ☐ Sunglasses and sunscreen
- ☐ Other _____

Documents and Admin

- ☐ Driving licence (all named drivers)
- ☐ Travel insurance details
- ☐ Offline maps downloaded
- ☐ Travel plan filed at safetravel.is (highland routes)

Leave These at Home

These take up space and stay in the bag all trip.

- Umbrella (the wind will destroy it)
- Cotton for hiking, and jeans especially
- Shorts, sundresses and linen shirts
- A heavy winter parka
- Bottled water (the tap water is excellent)